

Clinic | Fitness | Sports

Inspires live life to the fullest...



Pen Products

PEN Clinic products are chosen from successful proven formulations in labs after many years of research around the world. PEN products are premium, extracted, high potency, liquid form for maximum absorption from intestine, with safe to consume without any side effects speciality nutritional supplement.



Advanced Manufacturing
Technology



Tested & Proven
Formulas



Premium, High Potency
Nutritional Supplement



Liquid form for max
absorption

Dr FRIDAY Collaborates For PEN products

Call or WhatsApp Dr FRIDAY 90716 59316

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Woman Menstrual Cycle



MENSTRUAL HEALTH

Hormonal interplay, balance & molds her desires and values.
— Reality of menstruation



Meno Sense

(Women's Reproductive Natural Hormone Support)

Uses;

Helps in;

- Maintains Regular periods
- Minimize Irregular, painful, or heavy periods
- Woman wellbeing
- Improve Women's Reproductive System
- Natural Hormone Support

MRP: 1951/-

Description;

Woman's body needs vitamins and minerals for good health. Each vitamin and mineral has specific benefits and is essential for keeping your body functioning well. Period symptoms can often be made worse by vitamin and mineral deficiencies, so consuming a blend of vitamins, minerals and herbs should see you through your period more comfortably. That's why PEN put together a list of the top vitamins and minerals for menstruating women.

A nutrient-rich daily multivitamin and mineral, specially formulated to support women's health needs and demanding lifestyles. It's packed with 40+ optimal-potency nutrients and herbs, to support overall health and wellness of woman.

Composition;

Omega for Multi-Organ Function; Eicosapentaenoic acid, Docosahexaenoic acid, Wheat Germ Oil

Powerful Antioxidant Complex; Citrus Bioflavonoid, Carotenoids, Grape Seed extract, Ginseng extract

Herbal extracts for total wellbeing; Green tea extracts, Polyphenol, Ginkgo Biloba extract

Probiotic for Gut function & Immunity; Lactic Acid Bacillus

Vitamin for Organ function & Metabolism; B1 Vitamin, B3 Vitamin, B6 Vitamin B6, B9 Vitamin, Folic Acid, B12 Vitamin, H Vitamin, Biotin, D3 Vitamin, Menadione

Mineral Complex for Multi level function; Calcium Ascorbate, Copper Sulphate, Chromium Picosulphate, Dibasic Calcium Phosphate, Phosphorus, Potassium Iodide, Magnesium Oxide, Manganese Sulphate, Zinc Oxide, Sodium Molybdate, Sodium Selenite, Potassium Chloride, Sodium Borate, Colloidal Silicon Dioxide, Nickel Sulphate, Stannous Chloride, Sodium Metavanadate, Iron Complex, FerrousFumarate,

Essential Aminoacids; Choline Bitartrate, Lutein

Women's overall health improves combining other PEN products

- A. Ferty Advance
- B. Hormone Activator 1
- C. Chaste
- D. PCO Inositol
- E. Foliguard DHA



Meno Sense Plus

(Natural Hormone Support)

Uses;

- Relieving PMS (Menstruation issues)
- Reduce Breast Pain
- Reduce Hot Flashes
- Reduce Nerve Pain
- Clear Up Acne

MRP: 1951/-

Description;

Evening primrose is a plant native to North and South America that also grows throughout Europe and parts of Asia. It has yellow flowers that open at sunset and close during the day. The oil from evening primrose seeds contains omega-6 fatty acids, including gamma-linolenic acid (GLA).

Fatty acids found in EPO are building blocks of hormones, can help, support hormone balance, reduce inflammatory, prostaglandins, and even support hormone disorders such as PCOS, which can impact fertility, ovulation, and the regularity of menstrual cycles.

Composition;

- Evening primrose oil-EPO
- Linoleic acid 70–74%
- Linolenic acid [GLA] 8–10%

Women's overall health improves combining other PEN products

- A. Fit Woman
- B. Hormone Activator 1
- C. Chaste
- D. Foliguard DHA



PMS

(For Women's Menstrual Problems)

Uses;

- Relieving PMS Symptoms
- Minimize Breast Pain
- Reduce Hot Flashes
- Reduce Nerve Pain
- Clear Up Acne

MRP: 1951/-

Description;

Premenstrual syndrome (PMS) is a condition that affects a woman's emotions, physical health, and behaviour during certain days of the menstrual cycle, generally just before her menses. PMS is a very common condition. PEN clinic have unique blends of supplement Evening Primrose Oil EPO which helps in relieving these conditions.

Its symptoms affect more than 90 percent of menstruating women. PMS symptoms start five to 11 days before menstruation and typically go away once menstruation begins. However, many researchers believe that it's related to a change in both sex hormone and serotonin levels at the beginning of the menstrual cycle. Also there is a change in Levels of estrogen and progesterone increase during certain times of the month. An increase in these hormones can cause mood swings, anxiety, and irritability. Serotonin is a chemical in your brain and gut that affects your moods, emotions, and thoughts.

Recent research shows PMS symptoms being eased by evening primrose oil, for instance, breast tenderness, feelings of depression, irritability, and swelling and bloating from fluid retention.

Composition;

Evening primrose oil-EPO

Linoleic acid 70–74%

Linolenic acid (GLA) 8–10%

Women's overall health improves combining other PEN products

- A. Insulin Activator
- B. Hormone Activator 1
- C. Chaste
- D. Foliguard DHA
- E. Fit Woman

Woman Fertility/Infertility



WOMANHOOD HEALTH

Motherhood is messy, challenging, crazy, sleepless and giving but still unbelievably beautiful.

Become pregnant naturally
(without hormonal treatment or IVF)

Ferty Advance

(For Women Fertility)

Uses;

Evening Primrose Oil Help In;

- * Naturally Boost Fertility
- * Improve the Quality of Cervical Mucus
- * Relieving PMS Symptoms
- * Minimize Breast Pain
- * Helps in Ovulation
- * Positive Effect on Uterus

MRP: 1951/-



Description;

"Cervical fluid" is important in conception that should be thinner, watery, clear, and stretchy to promote the movement of sperm through the uterus, the fallopian tube and to the ovum for conception and pregnancy. For many women, a common problem is that they do not produce sufficient cervical mucus and/or "infertile" or "hostile" cervical mucus. This reason the chances of fertilization and conception are decreased.

Optimal Fertility and Healthy Cervical Fluid is benefit for the women who are trying-to-conceive, is the key benefit from Evening Primrose Oil, which increase the quality of cervical mucus, facilitating fertile medium for sperm. One of the purposes of cervical mucus during the fertile period before ovulation is to sustain sperm in a healthy medium and to allow sperm to move freely through the cervix. When a woman ovulates, there should be an increase in cervical mucus, as well as a change in mucus texture. Fertile cervical mucus is more "stretchable" and slippery. You will often hear it compared to "egg-whites". Evening Primrose Oil may help women to produce a more fertile quality, "egg white" EPO designed to promote fertile cervical fluid and hormonal balance.

Composition

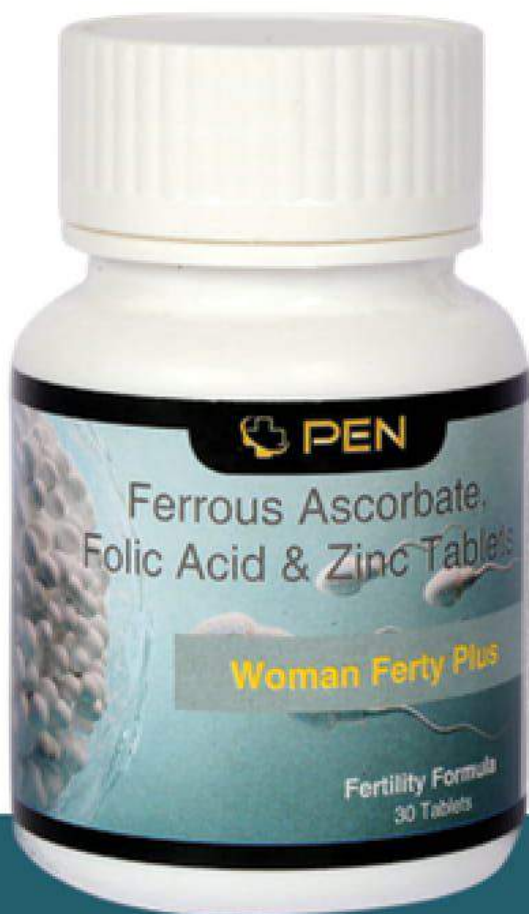
Evening primrose oil-EPO

Linoleic acid 70–74%

Linolenic acid (GLA) 8–10%

For Better result combine other products

- A. Meno Sense
- B. Hormone Activator 1
- C. Chaste
- D. PCO Inositol
- E. Foliguard DHA



Woman Ferty Plus

(Motherhood Supporter)

Uses;

Unique combination for prenatal, fertility & during pregnancy
Combination recommended by WHO
It plays a vital role in the formation of red blood cells
Carry oxygen throughout the body
It is also essential in pregnancy
Helps in development of the unborn baby's brain and spinal cord
Zinc is essential for normal immune function
Zinc may reduce the maternal infection

MRP: 851/-

Description;

How Ferrous Ascorbate + Folic Acid+ Zinc works Prenatal and during pregnancy
Ferrous Ascorbate + other two plays a vital role in the formation of red blood cells, which carry oxygen throughout the body. It is also essential in pregnancy due to its role in the development of the unborn baby's brain and spinal cord. Ferrous Ascorbate acts as a catalyst in various biochemical reactions in our body, facilitates transport and utilization of oxygen and helps in cell growth and proliferation. This improves the production of red blood cells and hemoglobin.

Zinc is essential for normal immune function. Zinc supplementation may reduce the incidence or the severity of maternal infections that, in turn, lower the risk of preterm birth.

WHO Report: Zinc is an essential mineral known to be important for many biological functions including protein synthesis, cellular division and nucleic acid metabolism.

Composition;

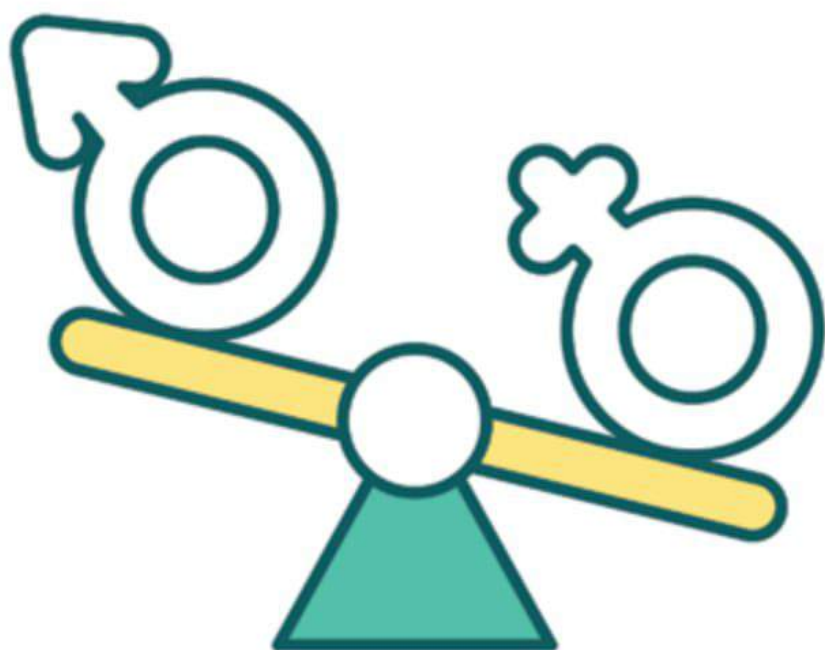
Fertility Booster:
Ferrous Ascorbate
Folic Acid

Zinc Sulphate

Pregnancy Supplementation PEN products

- A. Preg Care
- B. Well Mom baby
- C. Foliguard DHA
- D. Blood Rich Advance

Woman Hormone Balance



**Hormones
Health**



For Happy Hormones; balance it
before it imbalance your life

Hormone Balance Ultimate

(Women's Natural Hormone Support)

Uses;

- Ease PMS Symptoms (Menstrual Problem)
- Balance hormones
- Minimize Breast Pain
- Reduce Hot Flashes
- Improve Heart Health
- Reduce Nerve Pain
- Clear Up Acne

MRP: 1951/-



Description;

Women look for ways to tackle the symptoms of hormonal changes which are usually most noticeable during PMS or Menopause. In most serious cases Hormonal Replacement Therapy (HRT) is advised by medical professionals, however, many women opt for more natural ways of relieving the unpleasant symptoms. A report published in Menopause in 2015 surveyed postmenopausal women aged 50 to 65 years and found that 70.4 percent used natural remedies, with Evening Primrose Oil (EPO) being the most commonly used.

EPO together with Borage Oil owes their popularity to being great sources of GLA (Gamma Linoleic Acid), an essential fatty acid. This form of omega-6 helps the body to generate substances that reduce unwanted inflammation and cell growth. Unfortunately, in a typical routine diet, there are very little foods that contain good sources of GLA, meaning supplements might be needed to meet the requirements to support good health

Composition;

Evening primrose oil-EPO

Linoleic acid 70–74%

Linolenic acid (GLA) 8–10%

Women's overall health improves combining other PEN products

- A. Meno Sense
- B. Hormone Activator 1
- C. Chaste
- D. PCO Inositol
- E. Foliguard DHA



Chaste

(Supports female hormone naturally)

Uses;

Vitex agnus-castus is used to treat:

- * PMS
- * Conditions affecting a woman's reproductive system
- * infertility issues
- * symptoms of menopause

MRP: 3800/-

Description;

Vitex may influence hormone levels in a number of ways; release of luteinizing hormone; increase levels of progesterone; affect levels of prolactin, involved in stimulating breast development and milk production in women.

Chaste is used in treatment of:

- Premenstrual syndrome (PMS)
- Acne
- Fibrocystic breast disease
- Infertility in women
- Heavy menstrual periods
- Menopausal symptoms
- Migraines
- Joint conditions

Composition;

- Pure conc. Chaste berry extract (Fruit)
- cinnamon cassia

Woman PCOD/PCOS



PCOD / PCOS Health

PCOS/PCOD; Most silent, painful experience. Knock out before it knocks the door of hell.



HIGH TESTOSTERONE
LEVELS



OVARIAN CYSTS



LOW SEX DRIVE



IRREGULAR OR
MISSING PERIODS



MALE PATTERN BALDNESS
THINNING HAIR



INSULIN RESISTANCE



FATIGUE



EXCESSIVE BODY
HAIR GROWTH



MOOD CHANGES



TROUBLE CONCEIVING
OR INFERTILITY



ACNE



WEIGHT CHANGES AND
TROUBLE LOSING WEIGHT

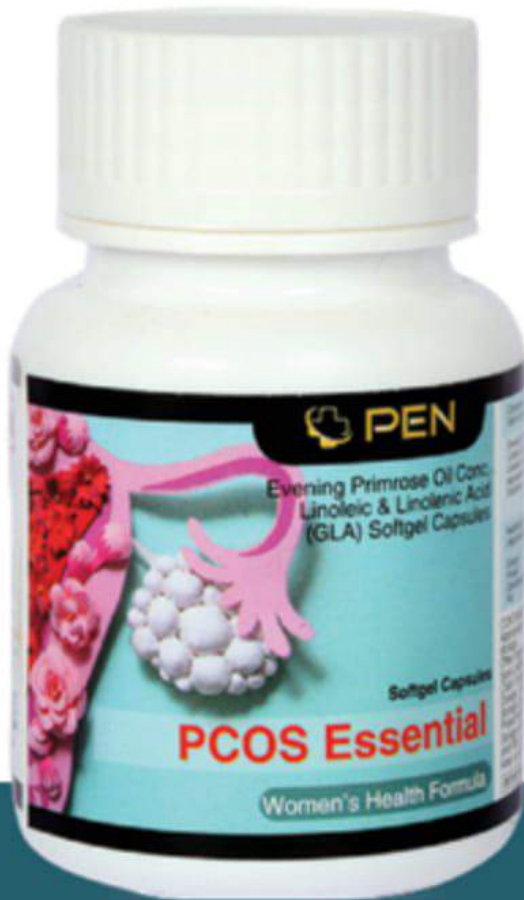
PCOS Essential

(For PCOD/PCOS)

Uses;

Balance Hormone
 Balance FSH, LH and testosterone hormones
 Increases insulin sensitivity in PCOS
 Natural supplement for the treatment of PCOS
 Regulate Cycles

MRP: 1951/-



Description;

Poly Cystic Ovary Syndrome or Disease (PCOS or PCOD) is a condition that affects a woman's hormone levels. Disorder in which enlarged ovaries shows multiple small cysts periphery of ovary. Due to hormone imbalance skip menstrual periods irregular manner and makes it harder for them to get pregnant. PCOS also causes hair growth on the face and body, and baldness. And it can contribute to long-term health problems.

Fatty acids found in EPO can help support hormone balance, reduce inflammation, prostaglandins, and even support disorders such as PCOS, which can impact fertility, ovulation, and the regularity of menstrual cycles.

Composition;

Evening primrose oil-EPO
 Linoleic acid 70–74%
 Linolenic acid (GLA) 8–10%

Women's overall health improves combining other PEN products

- A. Insulin Activator
- B. Hormone Activator 1
- C. Chaste
- D. Foliguard DHA
- E. Fit Woman



Foliguard DHA

(Prenatal/Motherhood)

Uses;

- * Unique combination for prenatal & motherhood
- * It plays a vital role in the formation of red blood cells
- * Carry oxygen throughout the body
- * It is also essential in pregnancy
- * Helps in development of the unborn baby's brain and spinal cord
- * Essential for Normal Immune Function
- * Reduce the Maternal Infections

MRP: 951/-

Description;

Having a healthy baby means making sure you're healthy too. One of the most important things you can do to help prevent serious birth defects in your baby is to get enough folic acid every day — especially before conception and during early pregnancy

During early development, folic acid helps form the neural tube. Folic acid is very important because it can help prevent some major birth defects of the baby's brain and spine

PENs unique combination Folic acid, DHA and B12 adding more advantage and value for motherhood

Composition;

Folic acid
Docosahexaenoic acid
B12 Vitamin



PCO Inositol

(PCOD/PCOS)

Uses;

- Helps in improvement in PCOD symptoms
- Reduce insulin resistance
- Maintains menstrual cycle
- Balance weight
- Manage metabolism

MRP: 1951/-

Description;

PCOS is a complex hormonal disorder associated with metabolic and hormonal impairments, ovarian dysfunction, menstrual irregularity, and infertility.

PCOS results from an excess of male hormone testosterone in female showing hair growth in face and all over body, changing voice, abdominal fat deposition and insulin resistance.

PEN PCO Inositol oral supplementation with inositol and other combination can improve metabolic patterns and ovarian function in PCOS patients.

Composition;

Insulin sensitising agents

Inositol

Chromium

AntiOxidative Defence factor:

Alpha Lipoic Acid

Blood Modulators:

Mecobalamin

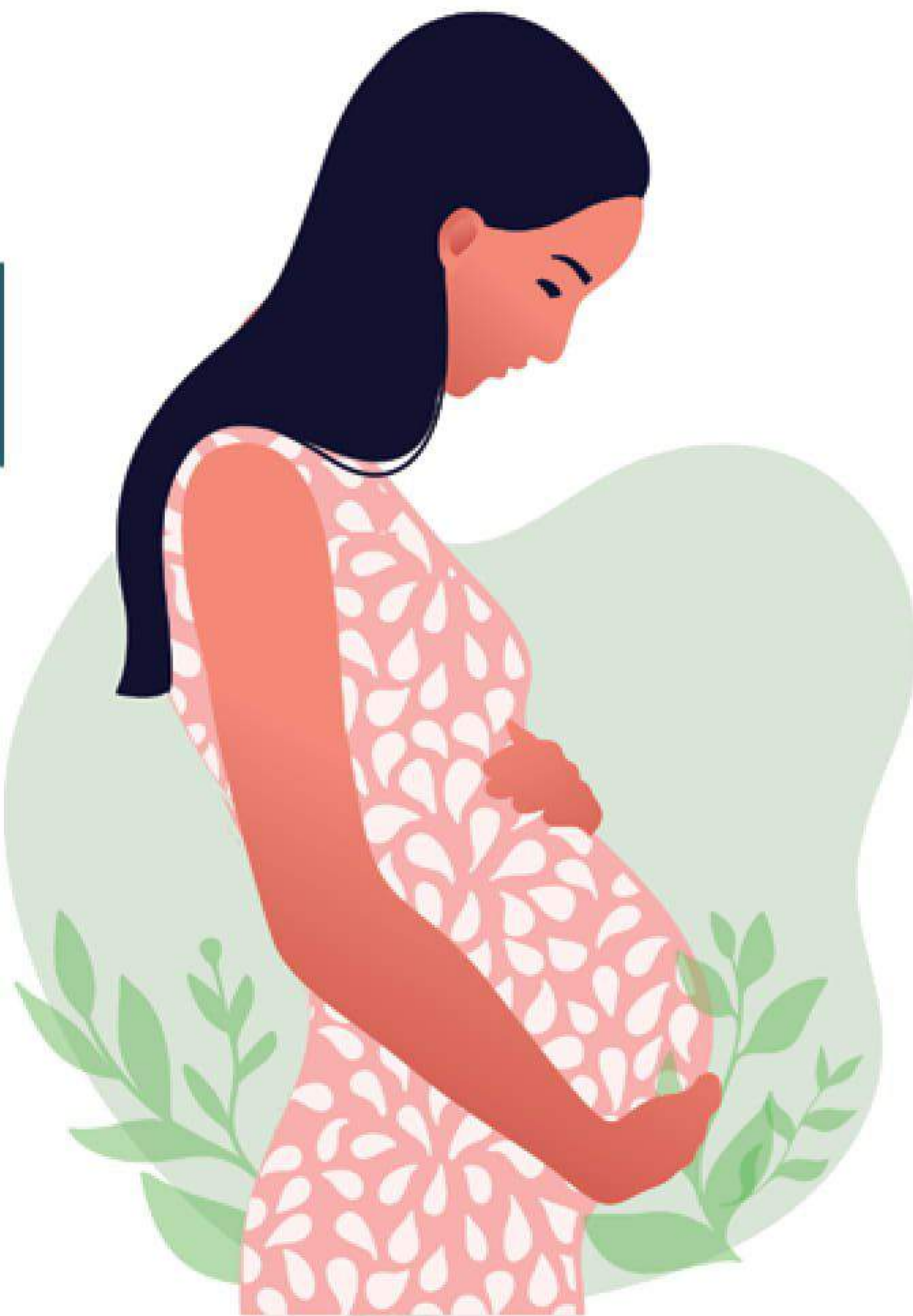
Folic Acid

Antioxidant & Enzyme Regulator:

Selenomethionine

Zinc

Woman Pregnancy



Pregnancy Health



Preparing to fall in love for
lifetime; pregnancy, only time in
life when you'll fall in love with
someone you haven't met



Well Mom Baby

(Breast feeding supplements)

Uses;

- Unique combination for mother & baby
- Helps in formation of new cells in the body
- DHA helps in development of the brain and spine of baby
- Essential for normal growth
- Reduce the infection

MRP: 951/-

Description;

Folic acid is naturally found in the breast milk of women who are well-nourished. While breast-feeding, it is recommended that to consume folic acid every day. Your baby gets folic acid from your milk, so it is important that you have enough folic acid while breastfeeding. PEN adding DHA which extends benefits for both mother and baby

DHA (docosahexaenoic acid) is a omega-3 fatty acid, is important nutrient for both mother and baby. DHA is necessary for brain and nervous system. It contributes to mental health, vision, and a healthy heart. DHA is not made by your body, so you need to get this essential nutrient through supplements.

Composition;

Folic acid
Docosahexaenoic acid
B12 Vitamin



Fol Rich Active

(Anemia during pregnancy)

Uses;

- Improve Haemoglobin level
- * Improve baby growth in womb
- * Helps in development of brain and spine of developing baby
- * Improve tiredness
- * Improve energy level
- * Reduce stress level

MRP: 951/-

Description;

Folic Acid and DHA is essential in pregnancy due to its role in the development of the unborn baby's brain and spinal cord. Folic acid acts as a catalyst in various biochemical reactions and metabolism in our body, facilitates transport and utilization of oxygen and helps in cell growth and proliferation. This improves the production of red blood cells and hemoglobin.

DHA is essential for normal immune function. Also DHA supplementation may reduce the incidence or the severity of maternal infections that, in turn, lower the risk of preterm birth.

Composition;

Folic acid
Docosahexaenoic acid
B12 Vitamin



Preg Care

(Safe Pregnancy)

Uses;

- * Increases Hemoglobin level
- * Has Ferrous Ascorbate, the best sources of iron in supplement
- * Produce blood cells in the body
- * Helps in healthy growth of baby
- * Carry oxygen to baby
- * Reduces complication of birth defects
- * Reduces complication during pregnancy

MRP: 951/-

Description;

PEN's Preg Care formula with specially designed to support healthy and safe pregnancy. which contains a combination of ingredients – Ferrous Ascorbate, Folic Acid & Zinc Sulphate.

Ferrous Ascorbate [a synthetic molecule of iron & ascorbic acid] mainly helps in reducing ferric iron to ferrous iron, enhancing iron absorption, preventing oxidation, and maintaining iron in the highly soluble ferrous form.

Folic acid is a kind of B vitamin which mainly helps in the metabolic activities of the human body. It supports the human body in making healthy new cells. Also, it is essential for a woman to have an adequate amount of folic acid in her body prior to or during pregnancy, which helps in preventing major birth defects in her baby's brain or spine.

Zinc works best for normal iron metabolism, prevention of anemia, prevention of pre-term delivery, and responsible for maintaining immunity in both mothers as well as children (healthy baby born with weight balance). It primarily plays a significant responsibility in the development of Embryo and Foetus.

Composition;

Ferrous Ascorbate
Folic Acid
Zinc Sulphate

Woman Wellness



Woman Health



A healthy outside starts from the
inside



Fit Woman

(Young 25+ Women), (Woman wellbeing, Multivitamin, Multiminerals Bioflavonoids, Natural Extract Antioxidants, Omega, Aminoacids Probiotics)

Uses:

A nutrient-rich daily multivitamin and mineral, specially formulated to support women's health needs and demanding lifestyles. It's packed with 40+ optimal potency nutrients and herbs, to support overall health and wellness of woman.

MRP: 1751/-

Description;

Woman's body needs vitamins and minerals for good health. Each vitamin and mineral has specific benefits and is essential for keeping your body functioning well. Also, there are some vitamins and minerals that women need more have than men do. A nutrient-rich daily multivitamin and mineral, specially formulated to support women's health needs and demanding lifestyles. It's packed with 40+ optimal-potency nutrients and herbs, to support overall health and wellness of woman.

Composition;

Omega for Multi-Organ Function; Eicosapentaenoic acid, Docosahexaenoic acid, Wheat Germ Oil

Powerful Antioxidant Complex

Citrus Bioflavonoid, Carotenoids, Grape Seed extract, Ginseng extract

Herbal extracts for total wellbeing; Green tea extracts, Polyphenol, Ginkgo Biloba extract

Probiotic for Gut function & Immunity; Lactic Acid Bacillus

Vitamin for Organ function & Metabolism; B1 Vitamin, B3 Vitamin, B6 Vitamin B6, B9 Vitamin, Folic Acid, B12 Vitamin, H Vitamin, Biotin, D3 Vitamin, Menadione

Mineral Complex for Multi level function; Calcium Ascorbate, Copper Sulphate, Chromium Picosulphate, Dibasic Calcium Phosphate, Phosphorus, Potassium Iodide, Magnesium Oxide, Manganese Sulphate, Zinc Oxide, Sodium Molybdate, Sodium Selenite, Potassium Chloride, Sodium Borate, Colloidal Silicon Dioxide, Nickel Sulphate, Stannous Chloride, Sodium Metavanadate, Iron Complex, FerrousFumarate,

Essential Aminoacids; Choline Bitartrate, Lutein



Well Woman

(Woman 40+ Wellbeing)

Uses;

A nutrient-rich daily multivitamin and mineral, specially formulated to support women's health needs and demanding lifestyles. It's packed with 40+ optimal-potency nutrients and herbs, to support overall health and wellness of woman

MRP: 1751/-

Description;

Woman's body needs vitamins and minerals for good health. Each vitamin and mineral has specific benefits and is essential for keeping your body functioning well. Also, there are some vitamins and minerals that women need more have than men do. A nutrient-rich daily multivitamin and mineral, specially formulated to support women's health needs and demanding lifestyles. It's packed with 40+ optimal-potency nutrients and herbs, to support overall health and wellness of woman.

Composition;

Omega for Multi-Organ Function; Eicosapentaenoic acid, Docosahexaenoic acid, Wheat Germ Oil

Powerful Antioxidant Complex for better blood circulations & immunity; Citrus Bioflavonoid, Carotenoids, Grape Seed extract, Ginseng extract

Herbal extracts for sexual & total wellbeing; Green tea extracts, Polyphenol, Ginkgo Biloba extract

Probiotic for Gut function & Immunity; Lactic Acid Bacillus

Vitamin for Organ function & Metabolism; B1 Vitamin, B3 Vitamin, B6 Vitamin B6, B9 Vitamin, Folic Acid, B12 Vitamin, H Vitamin, Biotin, D3 Vitamin, Menadione

Mineral Complex for Multi level function; Calcium Ascorbate, Copper Sulphate, Chromium Picosulphate, Dibasic Calcium Phosphate, Phosphorus, Potassium Iodide, Magnesium Oxide, Manganese Sulphate, Zinc Oxide, Sodium Molybdate, Sodium Selenite, Potassium Chloride, Sodium Borate, Colloidal Silicon Dioxide, Nickel Sulphate, Stannous Chloride, Sodium Metavanadate, Iron Complex, FerrousFumarate,

Essential Aminoacids; Choline Bitartrate, Lutein

Woman Menopause



Menopause Health



Menopause; Don't Pause, Ignite
fullest of life



Meno Guard

(Menopause Support)

Uses;

- * Contains variety of balanced nutrients
- * Support Brain functions & emotional stability
- * Supports hormone balance
- * Boost immunity
- * Increase energy
- * Prevent osteoporosis

MRP: 1851/-

Description;

Menopause is a natural biological process in woman from 45+ to till 55 yrs. It occurs when women stop menstruating. The time before menopause when women gradually produce less estrogen is called peri-menopause. As women transition from peri-menopause into menopause they may experience lots of physical symptoms, such as hot flashes, and emotional symptoms, disrupt your sleep, low energy, headaches or affect emotional health.

There are many effective treatments available; from lifestyle adjustments to hormone therapy but have side effects. PEN's Meno Guard is safe and without any side effects formulated. Keeping in view of all symptoms related to menopause made with essential, balanced nutrient for optimal well-being of menopause woman.

There are things you can do to make the menopause transition easier. For example, taking PEN's Meno Guard, staying physically active, managing stress, and getting enough sleep can all be beneficial. You should also avoid processed foods. Instead, opt for nutrient-dense foods.

Composition;

Calcium Carbonate
Calcitriol
Eicosapentaenoic acid
Docosahexaenoic acid
Folic acid
K27
Magnesium
Boron
Zinc

Diabetes Speciality



Diabetes Health



Diabetes a silent killer. Support
and prevent its complications



Sugar Activator

(Diabetic Support)

Uses;

- Reverse Insulin Resistance
- Reduce Blood Sugar Level
- Increase Insulin Production
- Helps in mean blood sugar level
- Reduces diabetic complication
- Minimize diabetic neuropathy

MRP: 1951/-

Description;

Menopause is a natural biological process in woman from 45+ to till 55 yrs. It occurs when women stop menstruating. The time before menopause when women gradually produce less estrogen is called peri-menopause. As women transition from peri-menopause into menopause they may experience lots of physical symptoms, such as hot flashes, and emotional symptoms, disrupt your sleep, low energy, headaches or affect emotional health.

There are many effective treatments available; from lifestyle adjustments to hormone therapy but have side effects. PEN's Meno Guard is safe and without any side effects formulated. Keeping in view of all symptoms related to menopause made with essential, balanced nutrient for optimal well-being of menopause woman.

There are things you can do to make the menopause transition easier. For example, taking PEN's Meno Guard, staying physically active, managing stress, and getting enough sleep can all be beneficial. You should also avoid processed foods. Instead, opt for nutrient-dense foods.

Composition;

Calcium Carbonate
Calcitriol
Eicosapentaenoic acid
Docosahexaenoic acid
Folic acid
K27
Magnesium
Boron
Zinc

Hormone Speciality

Hormone Imbalance Formula



HORMONES Health



Hormones can either make you feel like crap, or like a rock star, ready to take on your mission.



Hormone Activator 1

(Hormone Regulator)

Uses;

Directly developing Hormone function

- * Unique Combination for Both Sex and Hormone Balance
- * Has Main Role in the 50+ Hormone Regulations

Indirectly developing Hormone Support

- * Lower Inflammation [Enhance Metabolic Function of hormones]
- * Boost Immunological Events [Sex Hormone & Immunity interlinked]
- * Major Role in Development and the Function of Brain [centre for hormone]
- * Role in the Formation of RBC [Enhance Erythropoietin]
- * Corrects Iron Deficiency Anemia [Increases O₂ level in tissues]

MRP: 1851/-

Description;

Human body secretes about 50+ known hormones in the body. These hormones are secreted by a number of glands including the ovaries, the testes, and the thyroid, parathyroid, adrenal, and pituitary glands. Further, the pineal body, the pancreas, and specific cells releasing hormones in the GI tract, kidney, heart, and placenta are part of this system.

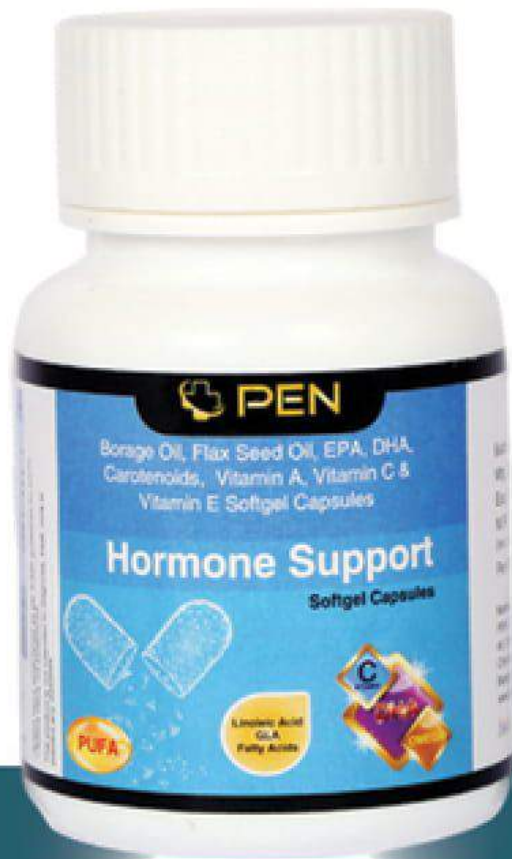
PEN formulates Iron with Ascorbate [Vit C] as carrier because for its maximum absorption from the intestine is facilitated by ascorbic acid [vitamin C], Zinc, Folic acid has manifold influences on the hormones. Among them, a role in the metabolism of androgen hormones, estrogen, and progesterone, together with the prostaglandins, a role in the secretion of insulin, and a role in the regulation of thymic hormones have been reported.

Composition;

Iron in the form Ferrous Ascorbate [Vitamin C]
 Folic Acid
 Zinc Sulphate

For best results use other Hormone PEN products

- A. Hormone Activator 2
- B. Hormone Support
- C. Insulin Activator
- D. Omega All In One



Hormone Support

(Balance Hormone Formula)

Uses;

- Balance Healthy Hormones
- Supports a Healthy Mood
- Balance Healthy Weight
- Support Endocrine Glands

MRP: 1851/-

Description;

Hormones are chemicals produced by the specialized glands to control or to regulate the activity of certain cells and organs. These specialized glands are known as endocrine glands. There are 8 major glands throughout your body, such as the thyroid gland, pituitary gland, adrenal gland, and pancreas. This system affects growth and development, metabolism, sexual function, and mood.

If your hormone levels are too high or too low, you may have an endocrine disease or disorder. Endocrine diseases and disorders also occur if your body does not respond to hormones the way it is supposed to.

Composition;

Hormone Support Blend Formula:

Borage oil conc.
 Linoleic acid
 Linolenic acid (GLA)

Poly Unsaturated Fatty Acids (PUFA)

Linoleum

Linolenic

Flax Seed Oil

Eicosapentaenoic acid

Docosahexaenoic acid

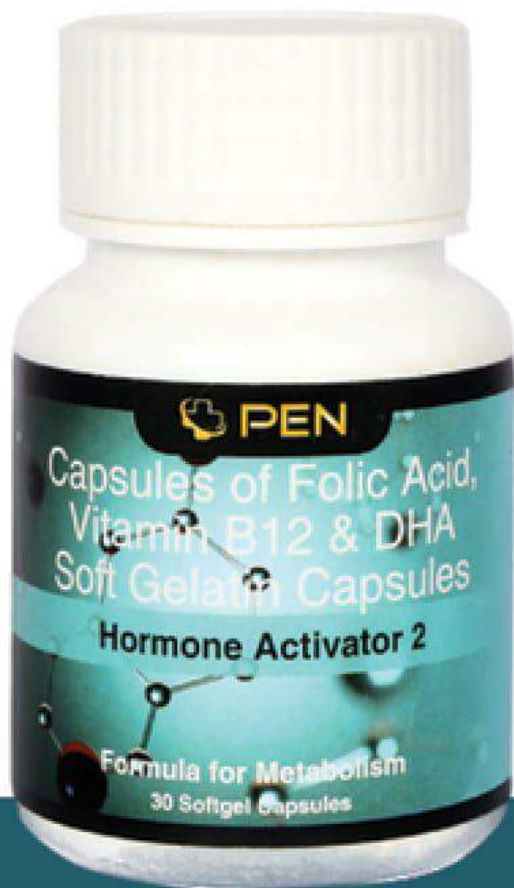
Hormone Antioxidant Blend:

Carotenoids

A Vitamin

C Vitamin

E Vitamin



Hormone Activator 2

(Hormone cofactors)

Uses;

- * Helps in Hormone balance
- * Helps in fertility in both sex
- * DHA improve sperm count and motility

MRP: 1151/-

Description;

Today we listen to hormonal problems or hormone imbalance from every 3 out of 4 people. Hormones are chemicals produced by a particular endocrine gland for a stimulus in the body for a particular task at a particular point of time, directly in blood to act on the target cell. Hormones act as chemical messenger, regulator, cellular signalling, and managing metabolism. When there is ineffective or less secretion leads to hormone imbalance.

PEN brings nutrients which support managing hormonal function to optimal levels.

Composition:

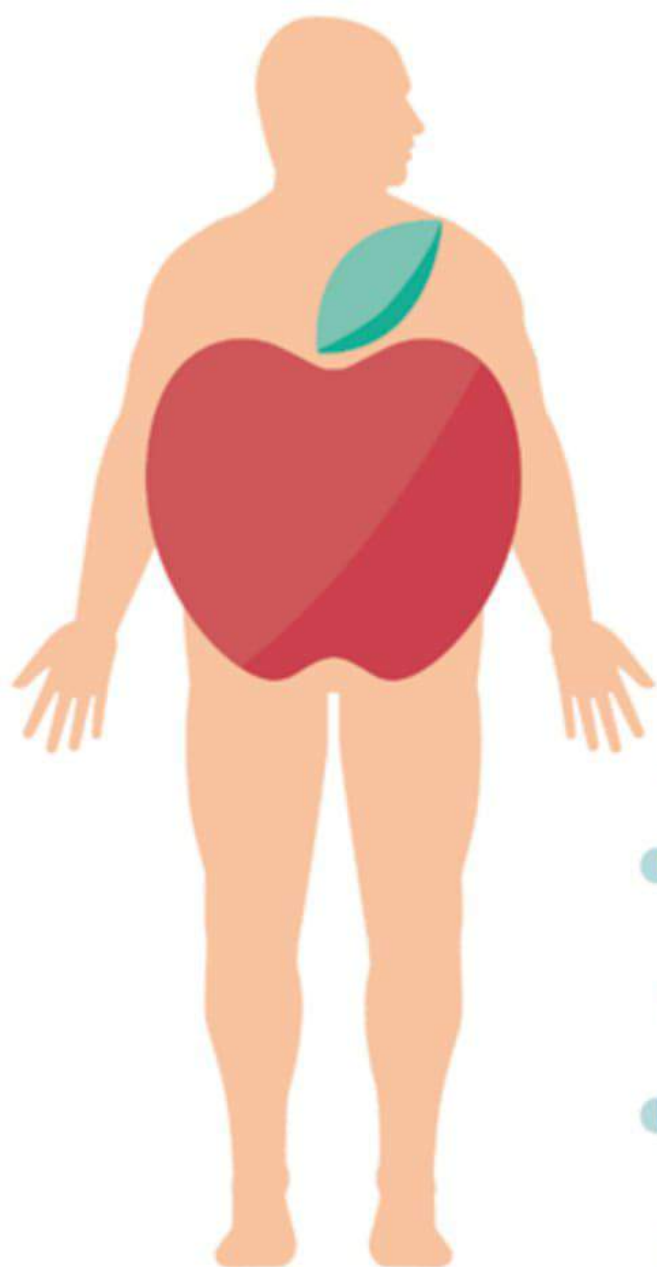
Hormone Modulator:

Folic acid

Docosahexaenoic acid

B12 Vitamin

Insulin Resistance support



Insulin Health



Insulin resistance mean advance aging before its time, mean 30 looks 50+ years from inside. Don't ignore



HYPERTENSION



CANCER



PCOS



HEART DISEASE



DEMENTIA



NAFLD



INSULIN RESISTANCE



LIPID PROBLEMS



TYPE 2 DIABETE



Insulin Sensor

(Formula for Metabolic Syndrome & Insulin Resistance)

Uses;

- Insulin Sensor Formula
- Balance Insulin Production
- Increases insulin sensitivity
- Natural supplement to treat Insulin resistance
- Regulate Insulin metabolism

MRP: 1851/-

Description;

Insulin is an important hormone that controls many bodily processes including sugar metabolism. Today's role of insulin related to more than 50+ modern health conditions.

High insulin and blood sugar levels are key symptoms of insulin resistance. Other symptoms include excess belly fat, high blood triglycerides, and low HDL (good) cholesterol levels.

PEN formulating Insulin Sensors formula helps insulin to recover and perform well in metabolism and reverse insulin resistance

Composition;

Insulin Sensitizers:

Borage oil conc
 Linoleic acid
 Linolenic acid (GLA)
 Poly Unsaturated Fatty Acids (PUFA)
 Linoleum
 Linolenic
 Flax Seed Oil
 Eicosapentaenoic acid
 Docosahexaenoic acid
 Carotenoids
 A Vitamin
 C Vitamin
 E Vitamin



Insulin Activator

(Insulin Sensitizers)

Uses;

- Promising Combination
- Reverse Insulin Resistance
- Reduce Blood Sugar Level
- Increase Insulin Production
- Helps in PCOD

MRP: 1951/-

Description;

Inositol is a naturally occurring substance that is postulated to improve insulin sensitivity by enhancing signal transduction via an alternative pathway for insulin action. Also work better in pregnancy induced diabetes.

Chromium supplementation in women with PCOS resulted in significant improve in insulin sensitivity, decreasing serum triglycerides VLDL and cholesterol concentrations.

Alpha Lipoic Acid is known to have antioxidant and anti-inflammatory properties, useful in managing insulin resistance and its complications, treat neuropathy, improve insulin sensitivity, lower blood sugar and cholesterol.

Composition;

Insulin sensitising agents:

Inositol
Chromium

Alpha Lipoic Acid

Sugar Cycle Regulator:

Mecobalamin

Folic Acid

Antioxidant & Enzyme Regulator:

Selenomethionine

Zinc Monomethionine

Men Wellness



Men Health



The act of getting strong doesn't start from gym. Start within from inside.



Fit Man

*(Young 25+ Men)
(Men's wellbeing, Multivitamin, Multiminerals
Bioflavonoids, Natural Extract
Antioxidants, Omega, Aminoacids
Probiotics)*

Uses;

A nutrient-rich daily multivitamin and mineral, specially formulated to support men's health needs and demanding lifestyles. It's packed with 40+ optimal-potency nutrients and herbs, to support overall health and wellness of a man.

MRP: 1751/-

Description;

Men's body needs vitamins and minerals for good health. Each vitamin and mineral has specific benefits and is essential for keeping your body functioning well. Also, there are some vitamins and minerals that men need more than women do. A nutrient-rich daily multivitamin and mineral, specially formulated to support men's health needs and demanding lifestyles. It's packed with 40+ optimal-potency nutrients and herbs, to support overall health and wellness of a man. Including Ginseng are believed to boost energy, reduce stress, promote relaxation, and manage sexual dysfunction in men. Ginkgo may treat sexual dysfunction, such as erectile dysfunction or low libido. Ginkgo has the ability to improve blood levels of nitric oxide, which improves circulation via the dilation of blood vessels.

Composition;

Omega for Multi-Organ Function; Eicosapentaenoic acid, Docosahexaenoic acid, Wheat Germ Oil

Powerful Antioxidant Complex for better blood circulations & immunity; Citrus

Bioflavonoid, Carotenoids, Grape Seed extract, Ginseng extract

Herbal extracts for sexual & total wellbeing; Green tea extracts, Polyphenol, Ginkgo Biloba extract

Probiotic for Gut function & Immunity; Lactic Acid Bacillus

Vitamin for Organ function & Metabolism; B1 Vitamin, B3 Vitamin, B6 Vitamin B6, B9 Vitamin, Folic Acid, B12 Vitamin, H Vitamin, Biotin, D3 Vitamin, Menadione

Mineral Complex for Multi level function; Calcium Ascorbate, Copper Sulphate, Chromium Picosulphate, Dibasic Calcium Phosphate, Phosphorus, Potassium Iodide, Magnesium Oxide, Manganese Sulphate, Zinc Oxide, Sodium Molybdate, Sodium Selenite, Potassium Chloride, Sodium Borate, Colloidal Silicon Dioxide, Nickel Sulphate, Stannous Chloride, Sodium Metavanadate, Iron Complex, FerrousFumarate,

Essential Aminoacids; Choline Bitartrate, Lutein



Well Man

(Men's 40+ Wellbeing)

Uses;

A nutrient-rich daily multivitamin and mineral, specially formulated to support men's health needs and demanding lifestyles. It's packed with 40+ optimal-potency nutrients and herbs, to support overall health and wellness of a man.

MRP: 1751/-

Description;

Men's body needs vitamins and minerals for good health. Each vitamin and mineral has specific benefits and is essential for keeping your body functioning well. Also, there are some vitamins and minerals that men need more have than women do. A nutrient-rich daily multivitamin and mineral, specially formulated to support men's health needs and demanding lifestyles. It's packed with 40+ optimal-potency nutrients and herbs, to support overall health and wellness of a man. Including Ginseng are believed to boost energy, reduce stress, promote relaxation, and manage sexual dysfunction in men. Ginkgo may treat sexual dysfunction, such as erectile dysfunction or low libido. Ginkgo has the ability to improve blood levels of nitric oxide, which improves circulation via the dilation of blood vessels

Composition;

Omega for Multi-Organ Function; Eicosapentaenoic acid, Docosahexaenoic acid, Wheat Germ Oil

Powerful Antioxidant Complex for better blood circulations & immunity; Citrus Biofla-

vonoid, Carotenoids, Grape Seed extract, Ginseng extract

Herbal extracts for sexual & total wellbeing; Green tea extracts, Polyphenol, Ginkgo Biloba extract

Probiotic for Gut function & Immunity; Lactic Acid Bacillus

Vitamin for Organ function & Metabolism; B1 Vitamin, B3 Vitamin, B6 Vitamin B6, B9 Vitamin, Folic Acid, B12 Vitamin, H Vitamin, Biotin, D3 Vitamin, Menadione

Mineral Complex for Multi level function; Calcium Ascorbate, Copper Sulphate, Chromium Picosulphate, Dibasic Calcium Phosphate, Phosphorus, Potassium Iodide, Magnesium Oxide, Manganese Sulphate, Zinc Oxide, Sodium Molybdate, Sodium Selenite, Potassium Chloride, Sodium Borate, Colloidal Silicon Dioxide, Nickel Sulphate, Stannous Chloride, Sodium Metavanadate, Iron Complex, FerrousFumarate, Essential Aminoacids; Choline Bitartrate, Lutein

Sexual Life



SEXUAL Health



Love is not what you say. Love is what you do.

Maca Root

(Men's 40+ Wellbeing)

Uses;

Maca is

- * Adaptogenic herb works in both sexes
- * Enhance fertility & sex drive
- * increases libido and better mood
- * improve exercise performance
- * In menopause Women: mental well-being and mood enhancer

Reduces depression and anxiety

MRP: 2400/-



Description;

Maca Root: It's actually a plant native to Peru, and is commonly available in powder form or as a supplement. Maca root has traditionally been used to enhance fertility and sex drive. It's also claimed to improve energy and stamina. Maca increases sex drive in both men and women. Maca can increase sperm production and improve sperm quality, thereby enhancing fertility in men.

Supplementing with maca may provide several health benefits;

Increases libido and better mood.

Improve symptoms of menopause, including hot flashes and disrupted sleep at night.

Improve your mental well-being and mood by reducing depression and anxiety, especially in menopausal women.

Improve exercise performance, particularly during endurance events.

A large prostate is common among older men and can cause issues with urination.

Animal studies suggest that red maca can reduce prostate size.

Composition;

Pure conc. Maca Root Extract



Men's Formula 1

(Men's Sexual Health)

Uses;

Improve vitality, vigor
 Improve stamina & strength
 Men's energy booster
 Improve physical weakness.
 Aid in nervous system
 Motivate intimacy
 Improve premature ejaculation
 Helps in libido, sexual desire
 Reduce nightfall in males
 Improve count and quality of sperm
 Increase testosterone levels

MRP: 1200/-

Description;

Ashwagandha helps increase testosterone levels and significantly boosts sperm quality and fertility in men. Increase muscle mass, reduce body fat, and increase strength in men.

Safed Musali : The medicinal properties musli may help to improve vitality, vigor, stamina & strength. Also help men as a great energy booster, may help to improve a physical weakness.

Akarkara: This aid in nervous system. It has been reported to motivate intimate urge as well as assist in premature ejaculation and impotency in males.

Shatavari: It is an adaptogenic herb. This improve vitality, has antioxidant, anti-inflammatory properties.

Gokhru chota is used in urinary and kidney disorders

Kaunch beej is widely used in the Ayurveda system of medicine for various health ailments like infertility and nervous system disorders.

Composition;

MEN VITALITY PACK

Ashwagandha

Safed Musli

Akarkara

Shatavari White

Chhota Gokhru

Kaunch Beej Safed



Men's Formula 1

(Men's Sexual Health)

Uses;

Improve vitality, vigor
 Improve stamina & strength
 Men's energy booster
 Improve physical weakness.
 Aid in nervous system
 Motivate intimacy
 Improve premature ejaculation
 Helps in libido, sexual desire
 Reduce nightfall in males
 Improve count and quality of sperm
 Increase testosterone levels

MRP: 1200/-

Description;

Ashwagandha helps increase testosterone levels and significantly boosts sperm quality and fertility in men. Increase muscle mass, reduce body fat, and increase strength in men.

Safed Musali : The medicinal properties musli may help to improve vitality, vigor, stamina & strength. Also help men as a great energy booster, may help to improve a physical weakness.

Akarkara: This aid in nervous system. It has been reported to motivate intimate urge as well as assist in premature ejaculation and impotency in males.

Shatavari: It is an adaptogenic herb. This improve vitality, has antioxidant, anti-inflammatory properties.

Gokhru chota is used in urinary and kidney disorders

Kaunch beej is widely used in the Ayurveda system of medicine for various health ailments like infertility and nervous system disorders.

Composition;

MEN VITALITY PACK

Ashwagandha

Safed Musli

Akarkara

Shatavari White

Chhota Gokhru

Kaunch Beej Safed



Men's Formula 2

(Men's Sexual Health)

Uses;

- * Improve vitality, vigor
- * Improve stamina & strength
- * Men's energy booster
- * Improve physical weakness.
- * Aid in nervous system
- * Motivate intimacy
- * Improve premature ejaculation
- * Helps in libido, sexual desire
- * Reduce nightfall in males
- * Improve count and quality of sperm
- * Increase testosterone levels

MRP: 1951/-

Description;

Safed Musali : The medicinal properties musli may help to improve vitality, vigor, stamina & strength. Also help men as a great energy booster, may help to improve a physical weakness.
Akarkara: This aid in nervous system. It has been reported to motivate intimate urge as well as assist in premature ejaculation and impotency in males.

Vidharikand Safed: In the case of males, it helps to improve the libido, sexual desire, strength, energy. It also helps to treat the problems of nightfall in males. Aphrodisiac properties help to improve the count and quality of sperm.

Ashwagandha helps increase testosterone levels and significantly boosts sperm quality and fertility in men. Increase muscle mass, reduce body fat, and increase strength in men.

Shatavari: It is an adaptogenic herb. This improve vitality, has antioxidant, anti-inflammatory properties.

Gokhru bada and **chota** though their properties are same but usually, **chota** is used in urinary and kidney disorders and **bada** is used for aphrodisiac purpose, erectile dysfunction

Composition;

MEN VITALITY PACK
 Safed Musli
 Akarkara
 Vidarikand Safed
 Ashwagandha
 Shatavari White
 Gokhru Bada
 Gokhru Chhota

General Health

Immunity



IMMUNE Health



We either make ourselves miserable, or we make ourselves strong. The amount of work is the same



Immun Boost

(Immunity Booster)

- * Boost Immunity
- * Promising combination for Immunity
- * Improve development & function of immunity
- * Increase immunity to fight against bacteria & Virus

MRP: 1751/-

- * Immune support formula:
- * Inositol
- * Chromium
- * Mecobalamin
- * Alpha Lipoic Acid
- * Folic Acid
- * Selenium
- * Zinc

Immunity is complex in nature, less understood to common people because it involves multiple systems, cells, organs, automatic systems in the body. How will you know how strong your immune system is? Difficult to answer as there is no known test to measure. How to increase immunity is always a billion dollar question. Which supplement to use? No guidelines available.

Keeping all in mind PEN brings easy solutions by formulating a special, powerful, yet unique blend of nutritional supplements which protect, support and enhance immunity levels in the body.



Immune Plus

(Immunity Support)

Uses;

Our immune system is essential for our survival. Without an immune system, our bodies would be open to attack from bacteria, viruses, parasites, and more. It is our immune system that keeps us healthy.

This vast network of cells and tissues is constantly on the lookout for invaders, and once an enemy is spotted, a complex attack is mounted.

PEN formulates a speciality nutritional supplement for immunity keeping in mind all the components of the immunological cells and its function.

MRP: 1651/-

Description;

The immune system is made up of special organs, cells and chemicals that fight infection (microbes). The main parts of the immune system are: white blood cells, antibodies, the complement system, the lymphatic system, the spleen, the thymus, and the bone marrow. These are the parts of our immune system that actively fight infection.

PEN formulates a speciality nutritional supplement for immunity keeping in mind all the components of the immunological cells and its function.

Composition;

Immunity Boosting Formula:

C Vitamin
A Vitamin
E Vitamin
Carotenoids

Borage oil
Linoleic acid
Linolenic acid
PUFA
Linoleum
Linolenic
Flax Seed Oil
Eicosapentaenoic acid
Docosahexaenoic acid

Omega 3-6-9



**Omega
3-6-9**



If you make a point to practice self-care, take an appointment with omega.



Omega All In One

(Omega 3-6-9 with Powerful ACE)

Uses;

This Powerful blend formula brings bundles of joy and happiness in health. Performs an all round role in health. Rare and unique blends of health formulas powered with omega 3-6-9, PUFA, Medium Chain Fatty acids, Antioxidant, Carotenoids and vitamins. Contribute essential fatty acids necessary for optimal health and well-being. Support the health and function of more than 100+ functions in the body.

MRP: 1851/-

Description;

PEN's Omega 3-6-9 blends Formula:

PEN's Omega 3-6-9 Blend contains the ideal balance of Omega 3, 6 & 9 essential fatty acids for people who want one product that gives them all of the good fats they need. Every cell, tissue, gland, and organ is dependent upon the presence of essential fatty acids. They are the main structural component of cell membranes and are necessary for cell growth and division.

Poly Unsaturated Fatty Acids (PUFA)

Polyunsaturated fats are a type of healthy fat that includes omega-3 and omega-6 fatty acids, which are essential for brain function. You must obtain them from food, as your body cannot make them.

Antioxidants

Antioxidants are substances that can prevent or slow damage to cells caused by free radicals, unstable molecules that the body produces as a reaction to environmental and other pressures.

Composition;

Omega 3-6-9 blend Formula:

Borage oil conc.

Linoleic acid 72%

Linolenic acid (GLA) 28%

Poly Unsaturated Fatty Acids (PUFA)

linoleum (omega-6) and

linolenic (omega-3)

Flax Seed Oil

Eicosapentaenoic acid

Docosahexaenoic acid

Antioxidant Blend:

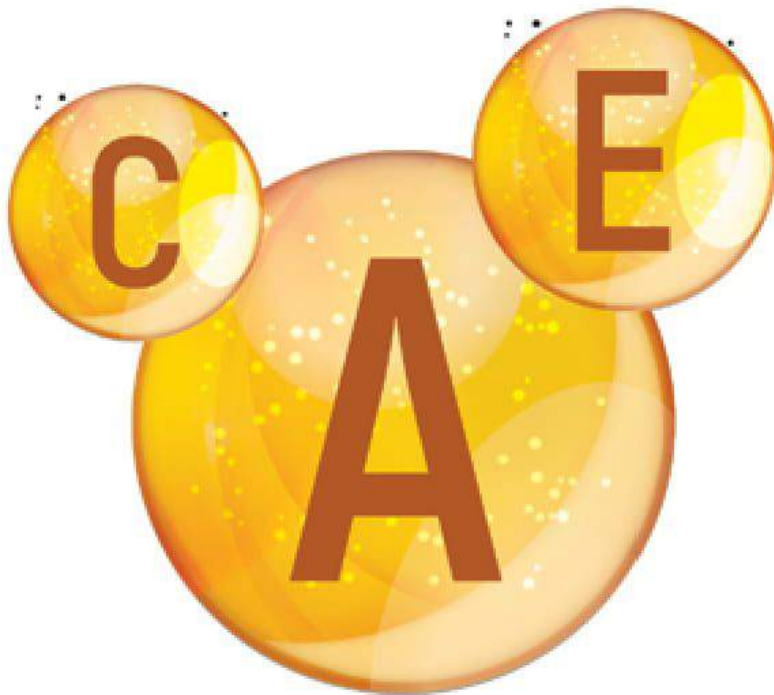
Carotenoids

A Vitamin

C Vitamin

E Vitamin

Super/Mega Antioxidant



ANTIOXIDANT COMPLEX

Antioxidant



A pill of Antioxidant a day, motivated to work throughout the day.



Oxy Rich Plus

(Mega Antioxidant)

Uses;

- * Superior Antioxidant Blend
- * Full Spectrum of Antioxidant for better function
- * Covers all area of oxidation process in the body
- * Minimise free radical
- * Enhance immunity

MRP: 1851/-

Description;

Antioxidants are molecules that fight free radicals in your body.

Free radicals are compounds that can cause harm if their levels become too high in your body. They're linked to multiple illnesses, including diabetes, heart disease, and cancer.

Your body needs to maintain a certain balance between free radicals and antioxidants. When this equilibrium is disrupted, it can lead to oxidative stress. Oxidative stress is a condition in which the body can lead to any lists of lifestyle diseases.

PEN formulates spectrum and complete range of antioxidant nutrient in Oxy Rich Plus for better function

Composition;

Blends of Anti Oxidant:

Carotenoids

A Vitamin
C Vitamin
E Vitamin
Borage oil
Linoleic acid
Linolenic acid (GLA)
Poly Unsaturated Fatty Acids (PUFA)
Linoleum
Omega-6
Linolenic
Omega-3
Flax Seed Oil
Eicosapentaenoic acid
Docosahexaenoic acid

Daily One

(Multivitamin, Multimineral, Antioxidant with herbs)

Contains:

Multivitamin, Multiminerals, Bioflavonoids,
Natural Extracts, Antioxidants, Omega Fatty acids,
Aminoacids, Probiotics

MRP: 1751/-



Description

PEN CLINIC formulating and manufacturing proven, quality nutritional products for health-conscious individuals of all age group above 15+ years, Daily One You'll find a full range of efficacious vitamins and minerals to herbal blends. Daily One highly effective contains 40+ required nutrients, plus a unique digestive enzyme complex to help enhance absorption. Daily One provides everything that the active individual requires for optimal health without all the guesswork.

Composition;

Omega for Multi-Organ Function

Eicosapentaenoic acid, Docosahexaenoic acid, Wheat Germ Oil

Powerful Antioxidant Complex

Citrus Bioflavonoid, Carotenoids, Grape Seed extract, Ginseng extract

Herbal extracts for total wellbeing

Green tea extracts, Polyphenol, Ginkgo Biloba extract

Probiotic for Gut function & Immunity

Lactic Acid Bacillus

Vitamin for Organ function & Metabolism

B1 Vitamin, B3 Vitamin, B6 Vitamin B6, B9 Vitamin, Folic Acid, B12 Vitamin, H Vitamin, Biotin, D3 Vitamin, Menadione

Mineral Complex for Multi level function

Calcium Ascorbate, Copper Sulphate, Chromium Picosulphate, Dibasic Calcium Phosphate, Phosphorus, Potassium Iodide, Magnesium Oxide, Manganese Sulphate, Zinc Oxide, Sodium Molybdate, Sodium Selenite, Potassium Chloride, Sodium Borate, Colloidal Silicon Dioxide, Nickel Sulphate, Stannous Chloride, Sodium Metavanadate, Iron Complex, FerrousFumarate,

Essential Aminoacids

Choline Bitartrate, Lutein

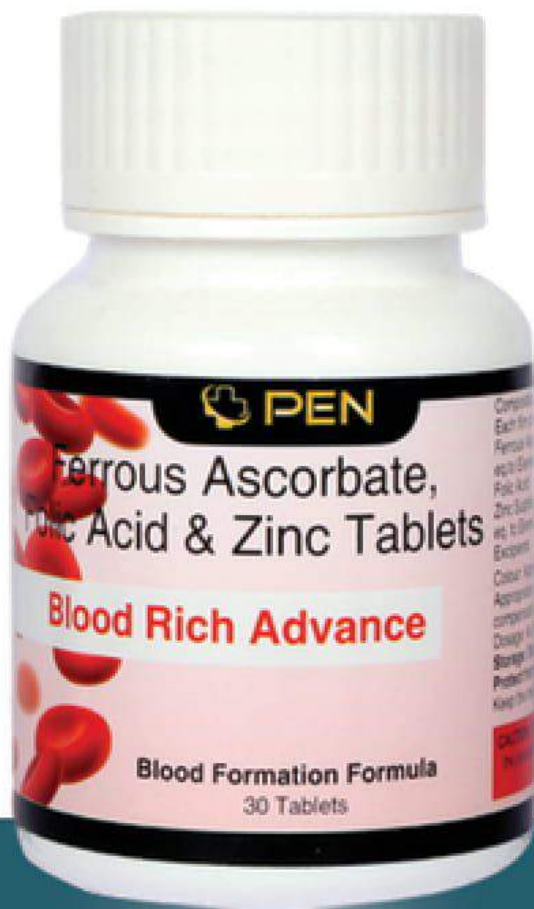
Anemia



Anemia



Health is not valued until sickness comes



Blood Rich Advance

(Blood forming formula)

Uses;

- * Reduce Fatigue
- * Improve Weakness
- * Improve Pale or yellowish skin
- * Regulate Irregular heartbeats
- * Improve breathlessness
- * Reduce syncope or Dizziness
- * Improve Cold hands and feet
- * Reduce incidence of Headaches

MRP: 951/-

Description;

Anemia is a condition in which you lack enough healthy red blood cells to carry adequate oxygen to your body's tissues. Having anemia can make you feel tired and weak.

There are many forms of anemia, each with its own cause. Anemia can be temporary or long term, and it can range from mild to severe. See your doctor if you suspect that you have anemia. It can be a warning sign of serious illness.

PEN brings supplements to common nutritional deficiency which is caused by lack of blood forming agents in the body

Composition;

Ferrous Ascorbate
Folic Acid
Zinc Sulphate